

# FOX CHASE CANCER CENTER

## SOCIAL WORK SERVICES

### SUPPORT GROUPS

For general information about the support group program, please call 215-728-2668

<p><b>OSTOMY SUPPORT GROUP</b>  <b>3<sup>rd</sup> Thursday – 3:00 to 4:00 PM</b>  <b>For Information and Registration call:</b>  <b>Holly Riggs, LSW 215-728-2936 or the ostomy nurses 215-728-5500</b></p> <p>If you or someone you know has an ostomy and could use a little extra help and support, please join us for a monthly psychoeducational support group.</p>	<p><b>*KIDS' NIGHT OUT*</b>  <b>For Information and Registration, Call JoAnne Rufo, LSW 215-728-3017 (or) Lisa Lucker, LSW,OSW 215-728-2666</b></p> <p>This group offers school-aged children the opportunity to address general issues related to parental cancer through art and play activities. There is a concurrent group for parents that meet at the same time.</p>	<p><b>BREAST CANCER SUPPORT GROUPS</b>  <b>1<sup>st</sup> Wednesday – 6:30-8:00 PM</b>  <b>For Information and Registration, Call 215-728-2670</b></p> <p>This is an open-ended group for any woman with a diagnosis of breast cancer. Women can join at any time during or after treatment for support, information and sharing.</p>
<p><b>LARYNGECTOMY GROUP</b>  <b>“The Speak Eezy Club of Delaware Valley”</b>  <b>2<sup>nd</sup> &amp; 4<sup>th</sup> Thursday 7:00-9:00 PM</b>  <b>No Registration – Area “B” – by the Fireplace West Building/Outpatient Department</b></p> <p>This group provides free speech therapy and psychosocial support to patients and their families. Additional services include pre &amp; post operative visits to the patient &amp; family if requested by patient's physician or health care professional.</p>	<p><b>KIDNEY CANCER SUPPORT GROUP</b>  <b>2<sup>nd</sup> Wednesday 2:00 to 3:00 PM</b>  <b>For information and registration, call:</b>  <b>Holly Riggs, LSW 215-728-2936</b></p> <p>This group is co-sponsored by the Kidney Cancer Association. It is a psychoeducational group for individuals diagnosed with kidney cancer where members meet monthly to share information and support.</p>	<p><b>LOOK GOOD...FEEL BETTER</b>  <b>For Information and Registration, Call 215-728-3628</b>          This is a free program sponsored by the American Cancer Society for women who are undergoing cancer treatment and want to learn new ways of dealing with changes in appearance and mood. The class is taught by licensed cosmetologists who have been specially trained in techniques related to skin care, hair loss and nail care. Each participant practices these techniques using products donated by the cosmetic industry.</p>
<p><b>BEREAVEMENT SUPPORT GROUP</b></p> <p>Please call 215-728-3014 to discuss your interests or needs for bereavement support.</p>	<p><b>ESOPHAGECTOMY SUPPORT GROUP</b>  <b>4<sup>th</sup> Monday – 7:00-8:30 PM</b>  <b>For Information and Registration, Call 215-728-2672</b></p> <p>This group for esophagectomy patients helps people learn about the procedure and share their experiences with others. Group is composed of newly diagnosed people, people under treatment and post treatment patients who can share successful ways of coping.</p>	<p><b>HEAD &amp; NECK SUPPORT GROUP</b>  <b>3<sup>rd</sup> Tuesday – 12:00-1:00 PM</b>  <b>No Registration – Center Building – Room C&amp;D</b></p> <p>This monthly group offers education and support for patients undergoing chemotherapy or radiation therapy for head &amp; neck cancer. Family members are also welcome. Learn how others have dealt with cancer related problems and share what has worked for you and your family. Educational services are provided by a speech therapist, physical therapist, clinical nurse specialist and social worker.</p>

(Revised: January 2009)